

State-level progress in reducing cervical cancer incidence among US young women between the pre- and post-human papillomavirus vaccination eras

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Supplementary Material

Abstract

Background: Despite well-documented national declines in cervical cancer incidence among young women following human papillomavirus (HPV) vaccine implementation, state-level data remain limited.

Methods: Using the US Cancer Statistics Database, differences in cervical cancer incidence rates for women aged 20-31 between the pre-vaccination (2000-2005) and vaccination era (2016-2022) were estimated using rate ratios (RRs) across 47 states and the District of Columbia (DC). Associations between HPV vaccination rates from the National Immunization Survey-Teen and RRs were examined using Spearman's rank test and linear regression models, adjusted for screening rates from the Behavioral Risk Factor Surveillance System.

Results: Nationwide, cervical cancer incidence rates declined by 27% (RR=0.73, 95%CI:0.70 to 0.75) during the vaccination era, from 5.1 to 3.7 per 100,000. Reductions exceeded 50% in DC (RR=0.48, 95%CI:0.15 to 0.81), Rhode Island (RR=0.48, 95%CI:0.21 to 0.76), Michigan (RR=0.48, 95%CI:0.38 to 0.57), and Hawaii (RR=0.49, 95%CI:0.21 to 0.78), with 28 additional states achieving statistically significant reductions of 15-50%. Ten states showed slower decreases (<15%). Notably, progress was lacking in Vermont (RR=1.11; 95%CI:0.21 to 2.00), West Virginia (RR=1.09; 95%CI:0.63 to 1.56), Idaho (RR=0.97; 95%CI:0.42-1.52), Arkansas (RR=0.96; 95%CI:0.64 to 1.29), and Alabama (RR=0.96; 95%CI:0.71 to 1.21). Across states, higher vaccination rates were correlated with lower RRs (i.e., faster decline) ($\rho=-0.42$, $P=0.0027$). Every 10% increase in vaccination rates was associated with an 11.5% (95%CI:-17.2% to -5.4%) reduction in RRs, adjusted for screening rates.

Conclusions: Declines in cervical cancer incidence in young women during the HPV vaccination era varied substantially by state, aligning with HPV vaccination rates.

Introduction

Cervical cancer incidence rates in the United States dropped by over 50% since its peak in the 1970s, mainly owing to the widespread uptake of cervical cancer screening. Yet, cervical cancer remains a significant public health concern with an estimated 13,360 new cases and 4,320 deaths each year.[1, 2] To further advance progress, the Advisory Committee on Immunization Practices (ACIP) recommended a three-dose routine human papillomavirus (HPV) vaccination at ages 11-12 years (may commence at age 9) for women through age 26 in 2006, extended to men in 2011, updated to a two-dose schedule in 2016, and introduced shared clinical decision making for women aged 27-45.[3] In 2024, the national HPV vaccination initiation and up-to-date rates among girls were 79.1% and 64.3%, increasing from 17.3% and 13.5% in 2008, respectively.[4, 5]

Consistent with the anticipated vaccination impact, population-based studies have demonstrated declines in infection prevalence of quadrivalent HPV vaccine types and pre-invasive cervical lesions,[6, 7] followed by reductions in invasive cancer incidence and mortality. Between 2001-2006 and 2010-2017, incidence rates dropped by 29-38% in women aged 15-24 and by 13-16% in those aged 25-34 [8, 9], accompanied by a 62% reduction in mortality rates among women under age 25 from 2013-2015 to 2019-2021.[10] However, progress has been assessed primarily at the national level, and the extent of state-level variation remains unclear despite differences in HPV vaccination coverage, screening participation, and health policies affecting access to these preventive services. Using nationwide high-quality

population-based data, this study measured the state-level progress in reducing cervical cancer incidence among women aged 20-31 years during the HPV vaccination era.

Methods

Data Sources

State-level cancer incidence data were extracted from the United States Cancer Statistics (USCS) Incidence Analytic Database[11] for women diagnosed with invasive cervical cancer (International Classification of Diseases for Oncology, 3rd edition, C530-C539, excluding histology 9050-9055 [mesotheliomas], 9140 [Kaposi sarcoma], 9590-9993 [hematopoietic and lymphoid neoplasms])[12] from 2000-2021 across 47 states and the District of Columbia (DC). Indiana, Mississippi, and South Dakota were excluded for data quality concerns (Supplementary Methods).[13] Considering the 2006 recommended HPV vaccination age range (9-26 years) and reports on rising cervical cancer incidence among women over 30 years,[14, 15] we restricted analyses to women aged 20-31.

State-level HPV vaccination rates from 2008-2022 were obtained from the National Immunization Survey-Teen (NIS-Teen),[16] a nationally representative survey that collects vaccination data in adolescents aged 13-17 across all U.S. states and territories through telephone interview and follow-up mailed questionnaire for provider verification. Given multiple lines of evidence demonstrating the efficacy and durability of a single-dose regimen,[17-22] we used vaccination rate data for girls who received at least one dose. Cervical cancer screening rates (received cytology-based screening in the past 3 years) were obtained from the Behavioral Risk Factor Surveillance System. The study used de-identified publicly available data, which is

considered non-human participants research under the Common Rule (US federal regulation 45 CFR §46); thus, institutional review board approval and informed consent were not needed.

Statistical Analysis

We first visualized trends in age-standardized incidence rates (2000 US standard population) of cervical cancer per 100,000 woman-years from 2000 to 2021 and HPV vaccination rates from 2008 to 2022, nationwide and by state. To smooth year-to-year fluctuations in incidence and HPV vaccination rates, we applied a three-year moving average with Epanechnikov kernel function weights, assigning the greatest weight to the central year and progressively less to adjacent years.[23]

To compare cervical cancer incidence before and after the implementation of HPV vaccination in 2006,[24] we defined 2000-2005 as the pre-vaccination period and designated the most recent six years, 2016-2021, as the vaccination period to capture the latest effect of vaccination. Women diagnosed with cervical cancer from 2016-2021 at ages 20-31 represent individuals who were between ages 5-21 in 2006. We quantified the difference in incidence rates between the two periods in both absolute and relative terms by computing the rate difference (RD) and rate ratio (RR), with corresponding 95% confidence intervals (CIs) calculated using the Delta method.[25] To account for variation in cervical cancer screening rates across states, we adjusted the population denominator by multiplying it by state- and year-specific screening prevalence among women aged 20-31. Incidence rates derived from this adjusted denominator were then used to estimate adjusted RRs and RDs (Supplementary Method).[26]

Ecological associations between smoothed HPV vaccination rates and changes in cancer incidence rates across states (RRs or adjusted RRs) were evaluated using Spearman's rank

correlation test, performed for each year from 2008-2015. Similarly, correlations between screening rates (2000-2020) and RRs were evaluated. Additionally, we fitted a linear regression model with log (RR) as the outcome and smoothed HPV vaccination rates as an explanatory variable, with or without adjustment for screening rates. We used SEER*Stat 8.4.3 (National Cancer Institute) to tabulate incidence rates. Statistical analyses were conducted using SAS SUDAAN 9.4 and MATLAB R2025a. A two-sided $P < 0.05$ was considered statistically significant.

Results

A total of 22,868 women aged 20-31 years were diagnosed with cervical cancer from 2000-2021, with case counts ranging from 37 in Vermont to 2,677 in California (Table S1). **Figure 1** illustrates trends in cervical cancer incidence rates from 2000-2021 and HPV vaccination rates from 2008-2022, nationwide and by state. Between 2000 and 2021, cervical cancer incidence rates decreased nationally and in most states. However, they remained relatively stable in certain states, including Alabama, Arkansas, Idaho, New Mexico, Vermont, and West Virginia. HPV vaccination rates consistently increased nationwide from 41% in 2008 to 78% in 2022, with state-level rates in 2022 varying from 67% in Wyoming to 92% in Rhode Island.

Figure 2 depicts changes in the cervical cancer incidence rates between 2000-2005 (pre-vaccination era) and 2016-2021 (vaccination era) (case counts, rates, and 95% CIs in Table S2). Nationwide, the incidence rate per 100,000 declined from 5.1 in 2000-2005 to 3.7 in 2016-2021 (RD=-1.39; 95%CI:-1.54 to -1.23), reflecting a 27% decrease (RR=0.73; 95%CI:0.70 to 0.75). Across 47 states and DC, the largest absolute declines per 100,000 were observed in Rhode Island (RD=-3.55 ; 95%CI:-6.34 to -0.75), Michigan (RD=-3.41; 95%CI:-4.3 to -2.51), and Louisiana (RD=-3.21; 95%CI:-4.56 to -1.85). The largest, statistically significant relative

declines of more than 50% were seen in DC (RR=0.48; 95%CI:0.15 to 0.81), Rhode Island (RR=0.48; 95%CI:0.21 to 0.76), Michigan (RR=0.48; 95%CI:0.38 to 0.57), and Hawaii (RR=0.49; 95%CI:0.21 to 0.78). An additional 28 states achieved significant reductions of 15% to 50%, including the top 10 most populous states. Meanwhile, 10 states exhibited smaller changes in trends (<15%). In particular, RRs were relatively higher in Vermont (RR=1.11; 95%CI:0.21 to 2.00), West Virginia (RR=1.09; 95%CI:0.63 to 1.56), Idaho (RR=0.97; 95%CI:0.42 to 1.52), Arkansas (RR=0.96; 95%CI:0.64 to 1.29), and Alabama (RR=0.96; 95%CI:0.71 to 1.21), indicating a lack of progress.

Figure 3 depicts the correlation between cervical cancer incidence rate reduction, represented by RRs, and HPV vaccination rates in 2010, the year with the greatest correlation coefficient ($\rho=-0.42$, $P=0.0027$; Table S3 for all years). Using adjusted RRs as the outcome yielded a similar coefficient ($\rho=-0.40$, $P=0.0048$). For the corresponding year, the correlation coefficient between screening rates and RRs was -0.15 ($P=0.3081$; Figure S1), with similarly non-statistically significant coefficients estimated for most years (Table S4 for all years). Every 10% increase in HPV vaccination rate was associated with a 11.5% (95%CI:-17.2% to -5.4%) reduction in RRs across states after adjusting for screening rates (Table S5).

Discussion

Based on nationwide, high-quality, population-based cancer registry data, there was a substantial state-level variation in the progress towards reducing cervical cancer incidence in women aged 20-31 years against a backdrop of HPV vaccination. Between 2000-2005 and 2016-2021, incidence rates decreased by more than half in DC, Rhode Island, Michigan, and Hawaii, while remaining largely unchanged in Vermont, West Virginia, Idaho, Arkansas, and Alabama. The marked disparities in state-level progress highlight the pivotal role of state-specific policies,

healthcare infrastructure, and social determinants of health in shaping geographically patterned progress in reducing cervical cancer among young women.

Recent modeling studies suggested that if current state variations in vaccination rates persist, the timelines for achieving the WHO's cervical cancer elimination goal (age-standardized incidence rate (all ages) <4 cases per 100,000) could differ by decades.[27, 28] Consistent with this projection, our analysis demonstrates substantial variation in progress—ranging from over 50% reduction to no improvement over the past 20 years—aligned with differences in vaccination rates. Together, these findings underscore the need for targeted policy interventions and public health initiatives, particularly in states with higher cervical cancer burden and low HPV vaccination rates, to advance equitable cancer prevention and support the goal of cervical cancer elimination.

We used HPV vaccine initiation (≥ 1 dose) rates to measure population-level coverage because up-to-date (completion) rates before 2016, defined as receipt of three doses under the original 2006 guideline,[29] could underestimate population-level protection, considering increasingly robust evidence on the efficacy and durability of single-dose versus multi-dose regimens.[17-22] This evidence was endorsed by the 2022 WHO HPV vaccine position paper[30] and national immunization advisory groups in multiple countries, including the UK.[31, 32] As of 2025, ACIP is reviewing a potential transition to a single-dose schedule for select age groups. Advantages of a single-dose schedule, including simplified logistics, lower costs, and improved uptake,[33] make its potential adoption a critical policy decision. Rigorous evaluation and transparent deliberation are essential to reaching this decision, particularly amid recent ACIP membership and leadership changes that have raised concerns about transparency, independence, and clinical expertise in the committee's review process.[34, 35] If a single-dose

regimen is adopted, further studies will be needed to assess its long-term impact on the extent and timing of population-level reductions in cervical cancer incidence.

The substantial variation in HPV vaccination rates across states is likely influenced by a combination of factors, including state policies, the effectiveness of community-based strategies, and cultural, political, or religious circumstances unique to each state. Federally and state-supported initiatives, with active local engagement, such as the Vaccines for Children (VFC) program[36] and Medicaid expansion, played a central role in improving vaccine accessibility and affordability. The VFC program, established in 1994, provides recommended vaccines at no cost for eligible children and adolescents, including those who are American Indian or Alaska Native, Medicaid-eligible, uninsured, or underinsured across all 50 states and the DC. However, the program's reach and integration vary;[36] as of 2021, only 34 states allow pharmacies to participate in the program, and 17 of the 34 states have enrolled pharmacists as VFC providers.[37] Medicaid expansion, as a part of the Affordable Care Act, fully covers the cost of recommended immunizations without cost-sharing and resulted in a doubling of HPV vaccination initiation rates among 13-year-olds in expansion states, compared to an 88% increase in non-expansion states.[38] According to our data, DC and 20 of the 28 states (72%) that adopted Medicaid by 2016 showed significant progress in reducing cervical cancer incidence, compared to 11 of the 19 states (58%) that adopted Medicaid later or did not adopt (Table S6). Continuing to monitor, support, and expand these programs remain crucial to sustaining vaccination rate and reducing disparities across states.

Since 2006, 40 states and DC have proposed HPV vaccine-related legislation, including school-entry requirements (SER), funding administration programs, and education programs.[39, 40] Numerous barriers, such as concerns over parental autonomy, the stigma associated with

vaccines against sexually transmitted infections, and the flexibility of opt-out options,[40] made the wide implementation of these policies challenging. Although almost all US jurisdictions have considered adopting a policy that requires HPV vaccination for school attendance, only DC, Hawaii, Puerto Rico, Rhode Island, and Virginia have successfully incorporated SER into law or received an administrative ruling from the health department as early as 2008.[41] Our findings of more than 50% reduction in cervical cancer incidence rates in each of these states align with the observed impact of SERs on HPV vaccination rates.[40] Virginia was an exception, showing a relatively modest reduction (24%), which may partly reflect its lenient exemption policies, permitting HPV-specific philosophical exemptions without supporting documentations.[42, 43] This pattern exemplifies the dual effect of exemption policies—although lenient rules may increase parental acceptance of SER, it also risks undermining vaccination coverage, thereby reducing the intended public health impact. Continuous surveillance of exemption rates and HPV-related disease trends can help states refine policies, ensuring exemptions do not significantly compromise herd immunity. Strengthening education campaigns to counter misinformation, incentivizing vaccination, and requiring additional counseling for those seeking exemptions could also be effective strategies for balancing public health priorities and individual autonomy.[44, 45]

Variation in vaccine hesitancy across states may also offer insight into differences in vaccination rates and, consequently, trends in cervical cancer incidence among young women.[46] A National Immunization Survey study reported an 80% nationwide increase from 2015 to 2018 in parents of unvaccinated adolescents, citing safety concerns as the primary reason for not initiating the HPV vaccine.[47] Despite extensive data from prelicensure vaccine trials and over 15 years of post-licensure surveillance through the U.S. vaccination safety monitoring

system and specialized evaluations that affirm the safety of the HPV vaccine,[48] hesitancy driven by safety concerns increased across 30 states, with the fastest rises in Mississippi and South Dakota and also in California and Hawaii, where the current vaccination rates are relatively high. Given the concerning trends, targeted campaigns addressing misinformation among vaccine-hesitant parents are crucial for improving HPV vaccine uptake. Evidence has shown that provider-patient education programs incorporating culturally appropriate and religiously acceptable content can effectively reduce hesitancy and improve HPV vaccine initiation or completion rates.[49]

In shaping public perceptions and behaviors regarding vaccination, healthcare providers play a pivotal role as trusted sources of health information for patients and their children. A national survey study found that HPV vaccine initiation was nine times higher among individuals who received high-quality recommendations from healthcare providers compared with those who did not.[50] However, provider recommendations are less common in Southern than in Northeastern states.[51, 52] In 2018, Mississippi (59.5%) and Arkansas (63.5%) had the lowest provider recommendations rates, substantially lower than those in Massachusetts (90.7%) or DC (90.4%).[52] Equipping providers with training and resources to educate parents about the benefits of HPV vaccination as a key method for cancer prevention, especially in states with low recommendation rates, could help narrow the gap in vaccination rates and, in turn, mitigate the disparate progress against cervical cancer across states.

Additionally, herd immunity effects and interstate migration may partially account for state-level variations in progress that are not fully explained by HPV vaccination rates. Larger reductions in cervical cancer incidence in Washington, Louisiana, Hawaii, and Wisconsin, compared to states with similar vaccination rates, may partly reflect the herd effects, given

earlier and broader uptake of HPV vaccination among girls and boys.[53] States with lower HPV vaccination rates among girls are estimated to benefit the most from improving vaccination coverage among boys,[54] highlighting opportunities to advance progress against cervical cancer. Over the past decade, southern states have gained young migrants, while northeastern states such as New York and New Jersey have experienced losses.[55] In particular, South Carolina, with consistently lower-than-national-average vaccination rates but the highest net migration per capita, may show faster progress partly due to the in-migration of vaccinated individuals.

Differences in cervical cancer screening rates across states likely also play a role in state-level variation in progress against cervical cancer.[56, 57] However, data comparing state-level screening uptake among women under 30 are limited, possibly reflecting increasing recognition of the higher harm-to-benefit ratio associated with screening and immediate invasive treatment in this age group.[58-60] This evidence prompted guidelines revisions toward more conservative screening and less intensive management: In 2012, the US Preventive Service Task Force raised the recommended initiation age to 21 years and extended the screening interval from annual to triennial testing,[61] and the American Society for Colposcopy and Cervical Pathology supported observation rather than immediate treatment for women under 25 years.[62] In 2020, the American Cancer Society further raised the initiation age to 25 years.[63] The potential impact of varying compliance with these guidelines changes on cervical cancer burden among young women remains uncertain, and residual confounding by state-level screening practices may not be fully excluded. Nevertheless, states with lower HPV vaccination coverage and persistently high cancer incidence are likely to benefit most from improving screening uptake.[28]

States exhibiting patterns unexplained by aforementioned factors or those excluded from the study warrant further investigation. In Vermont, incidence rate changed from 4.36 to 4.82 per 100,000, yielding an RR of 1.11 (95% CI=0.21 to 2.00), appearing as an outlier given its relatively high vaccination coverage. While the wide CI, reflecting small case counts, warrants cautious interpretation, this pattern may also reflect limited potential for further reduction, given the low baseline incidence and early achievement of high vaccination coverage, consistent with a modeling exercise showing smaller incremental gains in highly vaccinated states.[28]

Mississippi, omitted from this study, had the nation's lowest HPV vaccination rate (58.6% in 2024) and a high cervical cancer burden,[5, 64] highlighting the need for targeted intervention and continued surveillance. Meanwhile, HPV vaccination rates among adolescents were higher in South Dakota (82.5%) and lower in Indiana (73.2%) compared with the national level (78.2%).[5]

This study has several important limitations. First, given the ecological nature of the study, the association between HPV vaccination rates and cancer incidence rates does not establish causality. Second, RDs and RRs in states with small case counts have wide CIs and should be interpreted cautiously. Combining six years of diagnoses improved data stability and comparability across states but may obscure changes detectable in yearly analyses. Third, the low household response rate in NIS-Teen may introduce selection bias if respondents differ systematically from nonrespondents. Although weighting adjustments were applied for selection probability, residual bias may persist.[65] Additionally, NIS-Teen was partly based on parental reports and is subject to recall and social desirability biases. Fourth, we used HPV vaccine initiation (≥ 1 dose) rates to measure population-level coverage, rather than completion of the multi-dose schedule recommended by ACIP. While a single dose has been shown to offer

protection lasting up to 16 years,[21] we note that if future evidence indicates waning immunity in the longer term, a ≥ 1 dose measure may overestimate the true level of protection compared with full-dose vaccination. Fifth, hysterectomy correction was not applied, but given the low prevalence among young women (0.4-1.1% at ages 20-29), its impact on the results is expected to be minimal.[66, 67] Finally, state-level assessment masks intrastate disparities such as differences between urban and rural areas and across race and ethnicity subgroups, where both cancer incidence and HPV vaccination rates likely differ, underscoring the need for more granular analyses to guide more locally relevant interventions.

In conclusion, despite the national decline in cervical cancer incidence rates among young women, state-level progress has diverged sharply, ranging from more than 50% reduction to no progress between 2000-2005 and 2016-2022. The association across states suggests that the disparate progress may be attributed to differences in HPV vaccination rates, underscoring the crucial roles of state-level factors in ensuring the effective implementation of HPV vaccination programs. Without a more equitable implementation of HPV vaccination, the existing disparities may widen when cervical cancer becomes more common among these young women as they age. To ensure that all states benefit equally from a proven preventive measure, strengthening political commitment will be crucial, especially in states with slower progress in reducing disease burden and low vaccination rates.

Data Availability Statement: These data were provided by central cancer registries participating in the National Program of Cancer Registries (NPCR) and submitted to the Centers for Disease Control and Prevention (CDC) in the 2023 data submission and/or the Surveillance, Epidemiology and End Results (SEER) Program and submitted to NCI in the 2023 data

submission. The data can be obtained from CDC upon request. CDC does not endorse any one particular organization, service, or product and this publication does not necessarily represent the views and/or position of CDC.

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Figure Legends

Figure 1. Trends in age-standardized cervical cancer incidence rates (2000-2021) and vaccination rates (2008-2022) by state

NOTE Trend lines represented the three-year moving average incorporating the Epanechnikov kernel function weights.[23] Shade represented the 95% confidence interval for the denoised age-standardized incidence rates and vaccination rates.

Figure 2. Cervical cancer incidence rate differences and incidence rate ratios during 2000-2005 and 2016-2021 by state

NOTE Rate differences and rate ratios, comparing 2016-2021 to 2000-2005, were calculated, along with corresponding 95% confidence intervals using the Delta method. Case counts by states for each period are provided in Supplementary Table S2 to aid interpretation of the estimates.

Figure 3. State-level HPV vaccination rates (2010) and cervical cancer incidence rate ratios comparing 2016-2021 vs 2000-2005

NOTE Rate ratios, comparing 2016-2021 to 2000-2005, were calculated across states, along with corresponding 95% confidence intervals using the Delta method. HPV vaccination rates were smoothed using a three-year moving average with Epanechnikov weight.[23] Regions were defined based on census regions designated by the US Census Bureau. Available from https://www2.census.gov/geo/pdfs/maps-data/maps/reference/us_regdiv.pdf. Dot size is scaled proportionally to the population size of each state, obtained from the US Census Bureau. Available from <https://www.census.gov/topics/population.html>. The black line represents the fitted linear regression line, and the gray shaded area indicates the corresponding 95% confidence interval.





